Cultural Humility and Responsiveness
Content Knowledge Assessment

This assessment is based on knowledge we believe educators should know when delivering sex education to youth. Participating in the assessment will help you identify what information you currently manage as well as current knowledge gaps to address. This document consists of an assessment, an answer key for the assessment, and resource(s) that can be used to address knowledge gaps for each question.

1. What factors does culture impact when delivering sex education?
    a) No factors
    b) Decision making
    c) Values
    d) Beliefs

2. _____ describes how people experience discrimination based on how their oppressed identities interact with each other.
    a) Ethnocentrism
    b) Intersexuality
    c) Implicit bias
    d) Intersectionality

3. A pattern of discrimination that targets people with marginalized identities and is deemed "normal" is _____:
    a) System of oppression
    b) System of ethnocentrism
    c) System of civilization
    d) System of institutions

4. Which of following statements about implicit bias are true?
    a) These biases can be favorable or unfavorable
    b) Biases are developed through exposure to messages about different types of people
    c) We are typically aware that these biases exist
    d) We can hold implicit biases against our own in-group

5. _____ uses the premise that a person can possess a full understanding of someone else's cultural experience and often reduces it to an individual's race and/or ethnicity.
    a) Cultural Competency
    b) Cultural Humility
    c) Cultural Appropriation

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d) Cultural Proficiency

6. _____ is a lifelong commitment to self-evaluation, self-critique and recognition of power dynamics between the learner and the sex educator
    a) Cultural Competency
    b) Cultural Humility
    c) Cultural Appropriation
    d) Cultural Proficiency

7. Culturally responsive teaching strategies include which two of the following strategies?
    a) Asking a student to speak on behalf of their culture
    b) Adapting and reshaping curriculum
    c) Responding to group dynamics
    d) Being "othering" by defining "normal" and "not-normal"

8. _____ are things people say or do that diminish someone's dignity by discriminating against or excluding members of a specific identity.
    a) Macroaggressions
    b) Aggressions
    c) Microaggressions
    d) Implicit Bias

9. When a student commits a microaggression, it is important for the facilitator to:
    a) Ask the impacted student to explain why this is hurtful
    b) Support the youth who was harmed and address the microaggression
    c) Tell the student committing the microaggression that language is not acceptable
    d) Ask the impacted student and the student who committed the microaggression to talk about it

10. When you as the facilitator commit a microaggression, it is important to:
    a) Calm yourself down in the moment
    b) Apologize to the class and move on
    c) Address the harm and commit to do better in the future
    d) Ask the student to explain why they feel it's a microaggression

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Question #	Correct Answer
Question 1	b, c & d
Question 2	d
Question 3	a
Question 4	a, c & d
Question 5	a
Question 6	b
Question 7	b & c
Question 8	c
Question 9	b
Question 10	a & c

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Cultural Humility & Responsiveness
Professional Development Resource List
(Resources correspond to the questions in the Content Knowledge Assessment)

Q	Topic	Citation	Summary
1	Cultural impacts on sex ed	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		Dismantling Teen Pregnancy Prevention Cardena et al, Albuquerque, New Mexico: Young Women United, 2016	Document detailing the need to respect reproductive rights for all people, and info dispelling the top 4 teen parenting myths
2	Intersectionality	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		Kimberlé Crenshaw on Intersectionality, More than Two Decades Later Columbia Law School, 2017	Article from the person who coined the term "intersectionality" on where intersectionality is heading
3	System of oppression	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		White Privilege: Unpacking the Invisible Knapsack: Daily Effects of White Privilege Peggy McIntosh, Wellesly Collage Center for Research on Women, 1990	Assessment to identify how much privilege a person has based on their class, religion, ethnic status, race, social status and geographic location

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		History of Sex Education SIECUS, 2021	Booklet detailing how historical events shaped the sex ed field
4	Implicit Bias	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		Implicit Bias Inventory Project Implicit, 2011	A test to record attitudes or beliefs about specific topics and identify your implicit bias(es)
		The Roadmap to Intercultural Competence Using the Intercultural Development Inventory IDI, LLC	A resource and assessment that can be used to measuring/challenging Implicit Bias
		Understanding Implicit Bias: What Educators Should Know Cheryl Staats, American Educator, Winter 2015 - 2016	5-page article detailing what implicit bias is, how it affects education/educators, and how to mitigate it in a learning space
5	Cultural Competency vs. Cultural Responsiveness	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		Addressing culture within healthcare settings: the limits of cultural competence and the power of humility Canadian Medical Education Journal, 2019	3-page article detailing the importance of applying cultural humility in health care settings
6	Cultural Humility	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education

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		Leading with Race: Are we talking about racial equity or equity? Fakequity, 2016	This power, privilege, and oppression resource addresses identities and intersectionality.
		Cultural Humility: A Concept Analysis Foronda et al, Journal of Transcultural Nursing, 2016	7-page article with information on cultural humility, detailing what cultural humility is and is not.
		3 Things to Know: Cultural Humility Hogg Foundation, 2021 Resource Library, Children's Health Council	Brief description of Cultural Humility and a 14-minute audio recording about Leading with Cultural Humility
7	Culturally Responsive Teaching	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		Assessing Culturally Responsive Sexuality Education: Implications for Program Development and Practice Paper 3, pages 56 - 76 Leena Bhalerao Singh dissertation, UC Berkley, 2016	Dissertation exploring culturally responsive sex education, looking at lesson adaptations from the developer and practitioners' perspectives
8	Microaggressions	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
		What are Microaggressions? Catharsis Productions, 2020	2-minute YouTube video describing what microaggressions are.
		Eliminating Microaggressions: The Next Level of Inclusion Tiffany Alvoid, TedXOakland, 2019	9-minute YouTube video providing more in-depth information on what microaggressions are.

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9	Responding when a learner commits a microaggression	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education
10	Responding when the facilitator commits a microaggression	Spark*ED Self-Paced Intro to Cultural Humility & Responsiveness Spark*ED, 2022	3-hour self-paced training course that provides a foundation for understanding how to deliver culturally responsiveness sex education

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