Sexual Anatomy & Reproduction
Content Knowledge Assessment

1. During puberty, folks of all genders may experience _____. (Select all that apply)
   a. Breast development
   b. Voice changes
   c. Production of eggs/sperm
   d. Changes to genitalia

2. Testes produce _____. (Select all correct answers)
   a. Sperm
   b. Testosterone
   c. Seminal fluid
   d. Progesterone

3. The purpose of the scrotum is to _____. (Select all that apply)
   a. Produce sperm and testosterone
   b. Protect the testicles
   c. Regulate temperature of sperm
   d. Produce seminal fluid

4. Sperm can survive up to _____ in a vagina, uterus, or fallopian tubes. (Select the best answer)
   a. 5 – 7 hours
   b. 5 – 7 days
   c. 5 – 7 weeks
   d. 5 – 7 minutes

5. Sperm makes up only 5% of semen. The rest consists of fluids produced by the _____. (Select all that apply)
   a. Prostate
   b. Bladder
   c. Seminal Vesicles
   d. Epididymis

6. People may experience erections_____. (Select all that apply)
   a. At puberty
   b. During infancy
   c. In utero
   d. While asleep

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

7. Circumcision is the removal of the_____ from the penis. (Select the best answer)
   a. Foreskin
   b. Vas Deferens
   c. Scrotum
   d. Glans

8. The average adult penis is approximately _____ long when erect. (Select the best answer)
   a. 4 – 4.5 inches
   b. 5 – 5.5 inches
   c. 6 – 6.5 inches
   d. 8 – 8.5 inches

9. _____ come(s) from the ovaries. (Select all that apply)
   a. Ova
   b. Fimbria
   c. Menstrual fluid
   d. Estrogen

10. People with ovaries are born with all of their eggs/ova. At what point does the ova begin to mature? (Select the best answer)
   a. At birth
   b. At onset of puberty
   c. At onset of menopause
   d. In utero

11. The _____ is shed during menstruation. (Select the best answer)
   a. Ovum
   b. Endometrium
   c. Cervical discharge
   d. Hymen

12. What part of the body is between the vagina and the uterus? (Select the best answer)
   a. Pubic bone
   b. Hymen
   c. Cervix
   d. Fimbria

13. Which body parts are included in the vulva? (Select all that apply)
   a. Vaginal opening
   b. Clitoris
   c. Labia
   d. Uterus

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

14. What is the purpose of the clitoris? (Select the best answer)
- a. Urination
- b. Hormone production
- c. Pleasure
- d. Fertility

15. Which of the following statements are true about vaginal secretions? (Select all that apply)
- a. Are perfectly normal
- b. Help lubricate the vagina
- c. Commonly have a strong odor
- d. Are how the vagina cleans itself

16. _____ + _____+ _____ = Pregnancy (Select the best answer)
- a. Ovulation + Menstruation + Ejaculation
- b. Ejaculation + Fertilization + Menstruation
- c. Ovulation + Ejaculation + Implantation
- d. Ovulation + Fertilization + Implantation

17. After ovulation an egg is viable for _____. (Select the best answer)
- a. 12 – 24 hours
- b. 3 – 5 days
- c. 1 week
- d. 2 weeks

18. Physiological reasons why anal sex can feel pleasurable include (Select all that apply)
- a. Anal tissue becomes erect when stimulated
- b. The rectum lubrication during arousal
- c. Prostate can be stimulated through anal penetration
- d. The area around the anus contains many nerve endings

19. Which of the following are true about puberty blockers? (Select all that apply)
- a. Suppress the development of secondary sex characteristics and sexual maturation
- b. They are necessary for a gender transition
- c. Delay the onset of natal puberty
- d. Effects are temporary and reversible

20. People born with a range of internal or external sex characteristics that do not fit society's traditional binary understanding of male or female bodies may _____. (Select all that apply)
- a. Identify as male or female
- b. Identify as intersex
- c. Have a complete set of both reproductive organs
- d. Not identify as part of the LGBTQ community

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

Sexual Anatomy and Reproduction

Content Knowledge Assessment Answer Key

Question #	Correct Answer
Question 1	a, b & d
Question 2	a & b
Question 3	b & c
Question 4	b
Question 5	a & c
Question 6	all
Question 7	a
Question 8	b
Question 9	a & d
Question 10	b
Question 12	b & c
Question 13	c
Question 14	c
Question 15	a, b & d
Question 16	d
Question 17	a
Question 18	c & d
Question 19	a, c & d
Question 20	a, b & d

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

Sexual Anatomy and Reproduction: Assessment Question Resources

Q	Topic	Citation	Summary
1	Puberty characteristics	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Fundamentals of Teaching Puberty SparkED.net	Succinct 1 page fact sheet about how to teach the topic, the core concept, rationale for teaching in a comprehensive manner, talking points, facts and sample questions from young people with sample answers.
		Puberty Planned Parenthood Federation of America	Provides an overview of puberty and what happens to the body, emotions and feelings.
		Not Everything You Wanted to Know About Puberty (But Pretty Darn Close) Scarleteen: Sex Ed for the Real World	Inclusive overview of puberty. Includes stages of puberty for testes, uterus, and everybody.
2	Testes	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach sexual anatomy and reproduction.
		Fundamentals of Teaching Anatomy & Reproduction	Succinct 1 page fact sheet about how to teach the topic, the core concept, rationale for teaching it this way, talking points, facts and sample questions from young people and sample answers.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for The Real World	Article provides overview of penis-testicular system. “The Family Jewels” section provides an explanation about the function of the testes.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

3	Scrotum	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for The Real World	Article provides overview of penis-testicular system. "The Family Jewels" section provides an explanation about the function of the scrotum.
4	Sperm survival	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach sexual anatomy and reproduction.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for The Real World	Article provides overview of penis-testicular system. "The Family Jewels" section provides an explanation about sperm and its function.
5	Semen production	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for the Real World	Article provides overview of penis-testicular system. "The Family Jewels" section provides an explanation about semen production.
6	Erections	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for the Real World	Article provides overview of penis-testicular system. "The Family Jewels" section provides an explanation about erections and their function.
7	Circumcision	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for the Real World	Article provides overview of penis-testicular system. "The Family Jewels" section provides an explanation about the process of circumcision.
8	Size of average adult penis	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Average Size Erect Penis: Fiction, Fact, and the Need for Counseling King, Bruce, 2020	"Consider the Penis" section answers question.
9	Ova/Ovaries	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Human Reproduction: A Seafarer's Guide ***Scarleteen: Sex Ed for the Real World***	Article provides an overview of pregnancy and reproduction.
10	Ova/Ovaries maturation	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		What Happened to All Those Eggs? *New York Times,* 2013,	Article explains what happens to ova throughout life, and how people with ovaries are born with all their eggs. Article is heavily influenced by gender binary.
11	Menstruation	*Menstruation* Planned Parenthood Federation of America	Overview of the menstrual cycle, when periods start/stop, and pregnancy occurrence during the menstrual cycle.
12	Typical sex organs of	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

	people with Vaginas	*What are the parts of the female sexual anatomy?* Planned Parenthood Federation of America	Definition of sexual organs for people with vaginas. Defines labia, clitoris, urethra, vagina opening, anus, mons pubis.
13	Vulva anatomy	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		What are the parts of the female sexual anatomy? Planned Parenthood Federation of America	Definition of sexual organs for people with vaginas. Defines labia, clitoris, urethra, vagina opening, anus, mons pubis.
14	Clitoris	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Innies & Outies: The Penis, Testes, and more. Scarleteen: Sex Ed for the Real World	Article provides an overview of the anatomy of the vulva. "The Infamous Clitoris" section provides an explanation of a clitoris and its main function.
15	Vaginal secretions	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		Honorably Discharged: A Guide to Vaginal Secretions Scarleteen: Sex Ed for the Real World	Provides an overview of normal discharge, signs of infection, and ways to avoid infections.
16	What creates a pregnancy	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		How Do You Get Pregnant? Planned Parenthood Federation of America	Two-minute video that describes how pregnancy works. Clear visuals and animation.
17		*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

	Ovulation, viability of eggs after ovulation	*How Do You Get Pregnant?* Planned Parenthood Federation of America	Two-minute video that describes how pregnancy works. Clear visuals and animation.
18	Anal sex	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
		With Pleasure: A View of Whole Sexual Anatomy for Every Body *Scarleteen: Sex Ed for the Real World,*	Article provides an overview of anatomy and pleasure. "The Anus, rectum and perianal region" section provides an explanation of anal sex and the functions of pleasure.
19	Puberty blockers	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about anatomy and reproduction.
		What are puberty blockers? Planned Parenthood Federation of America	Information on what puberty blockers are and the types available.
20	Intersex traits	*Teaching Sexual Anatomy & Reproduction* SparkED.net	3-hour self-paced course on how to teach about anatomy and reproduction.
		What's intersex? Planned Parenthood Federation of America	Provides definition of intersex, the difference between intersex and gender identity, and the importance of open conversations about gender.
		What is Intersex? FAQ interAct	Provides definition of intersex, statistics, causes, surgeries, what it looks like, medical conditions, transphopia, and so much more.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION

Sexual Anatomy and Reproduction General Resources

Citation	Summary
Teaching Sexual Anatomy & Reproduction SparkED.net	3-hour self-paced course on how to teach about sexual anatomy and reproduction.
Fundamentals of Teaching Anatomy & Reproduction SparkED.net	Succinct 1 page fact sheet about how to teach the topic, the core concept, rationale for teaching it this way, talking points, facts and sample questions from young people and sample answers.
Bodies 101 Tabu	This web-resource offers factual, clear descriptions of vaginal and penile anatomy, a page dedicated to learning about the anatomy of sexual pleasure, and a section about the menstrual cycle and pregnancy.
With Pleasure: A View of Whole Sexual Anatomy for Every Body Scarleteen: Sex Ed for the Real World,	Thorough, sex positive, pleasure positive and inclusive overview of sexual anatomy.

©SPARKED.NET, 2026 DUPLICATION OF CONTENTS PROHIBITED WITHOUT PERMISSION