

Sexual Anatomy & Reproduction Assessment

1. During puberty, folks of all genders may experience _____. (Select all that apply)
 - a. Breast development
 - b. Voice changes
 - c. Production of eggs/sperm
 - d. Changes to genitalia
2. Testes produce _____. (Select all correct answers)
 - a. Sperm
 - b. Testosterone
 - c. Seminal fluid
 - d. Progesterone
3. The purpose of the scrotum is to _____. (Select all that apply)
 - a. Produce sperm and testosterone
 - b. Protect the testicles
 - c. Regulate temperature of sperm
 - d. Produce seminal fluid
4. Sperm can survive up to _____ in a vagina, uterus, or fallopian tubes. (Select the best answer)
 - a. 5 – 7 hours
 - b. 5 – 7 days
 - c. 5 – 7 weeks
 - d. 5 – 7 minutes
5. Sperm makes up only 5% of semen. The rest consists of fluids produced by the _____. (Select all that apply)
 - a. Prostate
 - b. Bladder
 - c. Seminal Vesicles
 - d. Epididymis
6. People may experience erections _____. (Select all that apply)
 - a. At puberty
 - b. During infancy
 - c. In utero
 - d. While asleep
7. Circumcision is the removal of the _____ from the penis. (Select the best answer)
 - a. Foreskin
 - b. Vas Deferens
 - c. Scrotum
 - d. Glans

8. The average adult penis is approximately _____ long when erect. (Select the best answer)
- a. 4 – 4.5 inches
 - b. 5 – 5.5 inches
 - c. 6 – 6.5 inches
 - d. 8 – 8.5 inches
9. _____ come(s) from the ovaries. (Select all that apply)
- a. Ova
 - b. Fimbria
 - c. Menstrual fluid
 - d. Estrogen
10. People with ovaries are born with all of their eggs/ova. At what point do the ova begin to mature? (Select the best answer)
- a. At birth
 - b. At onset of puberty
 - c. At onset of menopause
 - d. In utero
11. The _____ is shed during menstruation. (Select the best answer)
- a. Ovum
 - b. Endometrium
 - c. Cervical discharge
 - d. Hymen
12. What part of the body is between the vagina and the uterus? (Select the best answer)
- a. Pubic bone
 - b. Hymen
 - c. Cervix
 - d. Fimbria
13. Which body parts are included in the vulva? (Select all that apply)
- a. Vaginal opening
 - b. Clitoris
 - c. Labia
 - d. Uterus
14. What is the purpose of the clitoris? (Select the best answer)
- a. Urination
 - b. Hormone production
 - c. Pleasure
 - d. Fertility

15. Which of the following are true about vaginal secretions? (Select all that apply)
- a. Are perfectly normal
 - b. Help lubricate the vagina
 - c. Commonly have a strong odor
 - d. Are how the vagina cleans itself
16. _____ + _____ + _____ = Pregnancy (Select the best answer)
- a. Ovulation + Menstruation + Ejaculation
 - b. Ejaculation + Fertilization + Menstruation
 - c. Ovulation + Ejaculation + Implantation
 - d. Ovulation + Fertilization + Implantation
17. After ovulation an egg is viable for _____. (Select the best answer)
- a. 12 – 24 hours
 - b. 3 – 5 days
 - c. 1 week
 - d. 2 weeks
18. Physiological reasons why anal sex can feel pleasurable include (Select all that apply)
- a. Anal tissue becomes erect when stimulated
 - b. The rectum lubrication during arousal
 - c. Prostate can be stimulated through anal penetration
 - d. The area around the anus contains many nerve endings
19. Which of the following are true about puberty blockers? (Select all that apply)
- a. Suppress the development of secondary sex characteristics and sexual maturation
 - b. They are necessary for a gender transition
 - c. Delay the onset of natal puberty
 - d. Effects are temporary and reversible
20. People born with a range of internal or external sex characteristics that do not fit society's traditional binary understanding of male or female bodies may _____. (Select all that apply)
- a. Identify as male or female
 - b. Identify as intersex
 - c. Have a complete set of both reproductive organs
 - d. Not identify as part of the LGBTQ community



Sexual Anatomy and Reproduction

Content Knowledge Assessment Answer Key

Question #	Correct Answer
Question 1	a, b & d
Question 2	a & b
Question 3	b & c
Question 4	b
Question 5	a & c
Question 6	all
Question 7	a
Question 8	b
Question 9	a & d
Question 10	b
Question 12	b
Question 13	c
Question 14	a, b & c
Question 15	c
Question 16	c
Question 17	1, b & c
Question 18	c & d
Question 19	a, c & d
Question 20	a, b & d

Sexual Anatomy and Reproduction: Assessment Question Resources

Q	Topic	Citation	Summary
1	Puberty characteristics	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>Puberty</i></u> Planned Parenthood Federation of America	Provides an overview of puberty and what happens to the body, emotions and feelings.
		<u><i>Not Everything You Wanted To Know About Puberty (But Pretty Darn Close)</i></u> Scarleteen: Sex Ed for the Real World	Inclusive overview of puberty. Includes stages of puberty for testes, uterus, and every body.
2	Testes	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>Fundamentals of Teaching Anatomy & Reproduction</i></u>	Succinct 1 page fact sheet about how to teach the topic, the core concept, rationale for teaching it this way, talking points, facts and sample questions from young people and sample answers.
		<u><i>Innies & Outies: The Penis, Testes, and more.</i></u> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
3	Scrotum	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.

		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
4	Sperm survival	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
5	Semen production	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
6	Erections	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
7	Circumcision	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	“The Family Jewels” section answers question.
8	Size of average adult penis	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.

		<u><i>Average Size Erect Penis: Fiction, Fact, and the Need for Counseling</i></u> King, Bruce, 2020	“Consider the Penis” section answers question.
9	Ova/Ovaries	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>Human Reproduction: A Seafarer’s Guide Scarleteen: Sex Ed For The Real World</i></u>	Article provides an overview of pregnancy and reproduction.
10	Ova/Ovaries maturation	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>What Happened to All Those Eggs?</i></u> <i>New York Times</i> , 2013,	Article explains what happens to ova throughout the life, how people with ovaries are born with all their eggs. Article is heavily influence by gender binary.
11	Menstruation	<u><i>Menstruation</i></u> Planned Parenthood Federation of America	Overview of the menstrual cycle, when periods start/stop, and pregnancy occurrence during the menstrual cycle.
12	Typical sex organs of people with Vaginas	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>What are the parts of the female sexual anatomy?</i></u> Planned Parenthood Federation of America	Definition of sexual organs for people with vaginas. Defines labia, clitoris, urethra, vagina opening, anus, mons pubis.
13	Vulva anatomy	<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<u><i>What are the parts of the female sexual anatomy?</i></u> Planned Parenthood Federation of America	Definition of sexual organs for people with vaginas. Defines labia, clitoris, urethra, vagina opening, anus, mons pubis.

14	Clitoris	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Innies & Outies: The Penis, Testes, and more.</i> Scarleteen: Sex Ed For The Real World	Article provides an overview of the anatomy of the vulva. Section “The Infamous Clitoris” answers question.
15	Vaginal secretions	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>Honorably Discharged: A Guide to Vaginal Secretions</i> Scarleteen: Sex Ed For The Real World	Provides an overview of normal discharge, signs of infection, and ways to avoid infections.
16	What creates a pregnancy	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>How Do You Get Pregnant?</i> Planned Parenthood Federation of America	Short two-minute video that describes how pregnancy works. Clear visuals and animation.
17	Ovulation, viability of eggs after ovulation	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>How Do You Get Pregnant?</i> Planned Parenthood Federation of America	Short two-minute video that describes how pregnancy works. Clear visuals and animation.
18	Anal sex	<i>Teaching Sexual Anatomy & Reproduction</i> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
		<i>With Pleasure: A View of Whole Sexual Anatomy for Every Body</i> Scarleteen: Sex Ed For The Real World,	“The Anus, rectum and perianal region” section answers question.
19	Puberty blockers	<i>Teaching Sexual Anatomy & Reproduction course</i> SparkED.net	3 hour self-paced course on how to teach about anatomy and reproduction.

		<u><i>What are puberty blockers?</i></u> Planned Parenthood Federation of America	Information on the two kinds of puberty blockers.
20	Intersex traits	<u><i>Teaching Sexual Anatomy & Reproduction course</i></u> SparkED.net	3 hour self-paced course on how to teach about anatomy and reproduction.
		<u><i>What's intersex?</i></u> Planned Parenthood Federation of America	Provides definition of intersex, the difference between intersex and gender identity, importance of open conversations about gender.

Sexual Anatomy and Reproduction General Resources

Citation	Summary
<u><i>Teaching Sexual Anatomy & Reproduction</i></u> SparkED.net	3 hour self-paced course on how to teach about sexual anatomy and reproduction.
<u><i>Fundamentals of Teaching Anatomy & Reproduction</i></u>	Succinct 1 page fact sheet about how to teach the topic, the core concept, rationale for teaching it this way, talking points, facts and sample questions from young people and sample answers.
<u><i>Bodies 101</i></u> Tabu, https://talktabu.com/bodies/ .	This web-resource offers factual, clear descriptions of vaginal and penile anatomy, a page dedicated to learning about the anatomy of sexual pleasure, and a section about the menstrual cycle and pregnancy.
<u><i>With Pleasure: A View of Whole Sexual Anatomy for Every Body</i></u> Scarleteen: Sex Ed For The Real World,	Thorough, sex positive, pleasure positive and inclusive overview of sexual anatomy.